

THE **ANSWER** SERIES

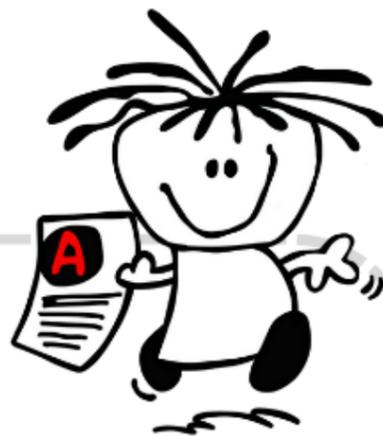
ATP & LESSON PLANNER

CONTENT, TRACKER & RESOURCES

GRADE

10

Physical Sciences



A **one-stop-teaching-tool** created by combining:

- the official DBE ATP
- The **Answer Series** Physical Sciences Class Text & Study Guide
- **TAS** resources
- curated online resources
- shared resources from our **TAS** WhatsApp Teacher Community

2026



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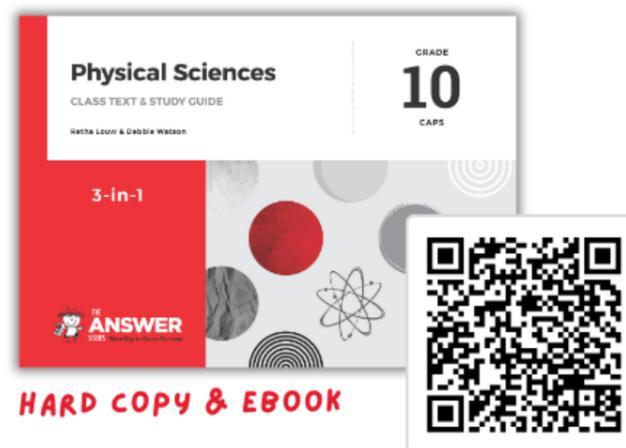
ACADEMIC WEEKS	CAPS TOPIC	CORE CONTENT & PAGE NUMBERS <i>Based on TAS Gr 10 PS 3-in-1 Class Text & Study Guide</i>		SUGGESTED EXERCISES <i>From TAS Gr 10 PS Class Text & Study Guide</i>	POSSIBLE PRACTICAL TASKS / CONSOLIDATION	DATE CONTENT WAS COMPLETED
WEEK 1 14 – 16 Jan	WAVES, SOUND & LIGHT 30 school days PAPER 1: 40 marks	Transverse pulses in a string or spring: A pulse; A transverse pulse; Amplitude Superposition, Interference: constructive and destructive	p. 2.1 – 2.2 p. 2.3 – 2.4	p. Q6: Q1.1 & Q1.4; p. Q7: Q7	- Slinky spring, ripple tank: Demonstration of transverse pulses & waves; superposition - Simulation on superposition of waves here	
		Transverse waves in a spring: Wave terms; representation of a wave; Wave concepts: in phase or out of phase	p. 2.4 – 2.5	p. Q6: Q1.2, Q1.3 & Q1.5	Watch this video on transverse waves	
WEEK 2 19 – 23 Jan		Transverse waves: Relationship between frequency (f) and period (T); frequency (f), wavelength (λ) and wave speed (v) Calculations with Universal Wave Equation	p. 2.5 – 2.6	p. Q6: Q1.6, Q2 & Q3; p. Q7: Q4 – Q6	Simulation on transverse waves here	
		Longitudinal waves in a spring: Compressions and rarefactions; Wave terms: amplitude (A) and wavelength (λ)	p. 2.6 – 2.7	p. Q7: Q8	- Slinky spring: Demonstration of longitudinal waves - Simulation on longitudinal waves here	
WEEK 3 26 – 30 Jan		Longitudinal waves: Wave terms: frequency (f) and period (T); Wave speed (v). <i>Apply wave equation in calculations.</i>	p. 2.7 – 2.8	p. Q7: Q9 & Q10	Watch this video on transverse and longitudinal waves	
		Sound: Sound waves: Generation and propagation; Speed of sound	p. 2.8	p. Q6: Q1.8	Practical: bell jar with electric bell Echoes: reflection	
WEEK 4 2 – 6 Feb		Reflection of sound waves: <i>echoes; solve problems</i>	p. 2.9	p. Q8: Q11 & Q12	Practical: measuring speed of sound in air	
		Pitch, Loudness, Sound quality (tone)	p. 2.9 – 2.10	p. Q6: Q1.7 & Q1.8; p. Q8: Q11	Different tuning forks/ musical instruments, oscilloscope	
WEEK 5 9 – 13 Feb		Ultrasound: General applications; Medical applications (create images)	p. 2.10 – 2.11	p. Q8: Q13	Watch videos on the uses and working of ultrasound: here and here	
		Electromagnetic radiation: Dual nature: Wave nature; Particle nature	p. 2.11 – 2.12			
WEEK 6 16 – 20 Feb	Generation and propagation of electromagnetic (EM) waves <i>Mutually regenerating electric and magnetic fields, traveling at $c = 3 \times 10^8 \text{ m.s}^{-1}$</i>	p. 2.12	p. Q9: Q17.1 & Q17.2	Simulation on generation and propagation of EM waves here		
	Electromagnetic (EM) spectrum: Relationship between frequency (f), wavelength (λ) and speed (c) of EM radiation Types of EM radiation (properties)	p. 2.13 – 2.14	p. Q8: Q15.3; p. Q9: Q15.4, Q16, Q17.3 & Q17.4	 <div style="border: 1px solid gray; padding: 5px; display: inline-block;"> <p>NOTE Not all shared resources are TAS creations – some are shared contributions from our Teacher WhatsApp group.</p> </div>		
Penetrating ability (energy); Dangers of radiation	p. 2.14 – 2.15					
WEEK 7 23 & 24 Feb	Particle nature of EM radiation: Quantization (<i>define photon</i>); Energy of a photon: $E = hf = h \frac{c}{\lambda}$	p. 2.15 – 2.16	p. Q8: Q15.1 – 15.3 p. Q9: Q17.3 & Q17.4			
WEEK 7 25 – 27 Feb	ELECTRICITY & MAGNETISM 13 school days	Electrostatics: Positive and negative charges (<i>protons and electrons</i>) in materials; objects can be neutral, positively or negatively charged	p. 4.5	p. Q14: Q8, Q9 & Q10.1– 10.3	Watch this video on charging of insulators through the transfer of electrons	
		The transfer of charge; <i>triboelectric charging of insulators</i>	p. 4.5 – 4.6	p. Q14: Q9, Q10.1– 10.4	Electroscope; glass and Perspex rod and cloths	
WEEK 8 2 – 6 March	PAPER 1: 35 marks	Charge conservation (<i>state and apply principle</i>): Calculation of charge after contact: $Q = \frac{Q_1+Q_2}{2}$; the SI unit for charge: coulomb	p. 4.7 – 4.8	p. Q14: Q12 p. Q15: Q13		
		Charge Quantization (<i>state and apply principle</i>): $q = ne$	p. 4.8 – 4.9	p. Q14: Q12; p. Q15: Q13		
		Forces between like and unlike (opposite) charges	p. 4.6 – 4.7	p. Q14: Q11; p. Q15: Q14		
		Forces between charged and uncharged objects (<i>polarization of molecules inside insulators</i>)	p. 4.7	p. Q14: Q10.5; p. Q15: Q15 & Q16	Watch this video on polarisation in insulators	

WEEK 9 9 – 13 March	Electric circuits: Important Circuit components; circuit diagrams p. 4.9 – 4.10	Simulations to build electric circuits & investigate Voltmeter & Ammeter readings: here and here	
	Potential difference; emf (<i>define and calculate</i>): $V = \frac{W}{Q}$ p. 4.11 – 4.12		p. Q15: Q17 & Q18
	Electric current strength (<i>define and calculate</i>): $I = \frac{Q}{\Delta t}$ Direction of current (<i>electron and conventional</i>) p. 4.12 – 4.13		p. Q16: Q19
	Measuring current and voltage: ammeter and voltmeter p. 4.13		
	Resistance (<i>define</i>) p. 4.13 – 4.14		p. Q16: Q20
WEEK 10 & 11 16 – 27 March	Time for consolidation and revision (10 school days)	Formal Assessments: Control Test (one paper; min 75 marks)	

Gr 10 Fisiese Wetenskappe (KABV) 3-in-1



Gr 10 Physical Sciences (CAPS) 3-in-1



CONTENT THAT WILL BE TESTED

- Transverse pulses on a string/spring
- Transverse waves
- Longitudinal waves
- Electromagnetic radiation
- Electrostatics
- Electric Circuits



IN NEED OF SOME TAS MAGIC?





ACADEMIC WEEKS	CAPS TOPIC	CORE CONTENT & PAGE NUMBERS <i>Based on TAS Gr 10 PS 3-in-1 Class Text & Study Guide</i>		SUGGESTED EXERCISES <i>From TAS Gr 10 PS Class Text & Study Guide</i>	POSSIBLE PRACTICAL TASKS / CONSOLIDATION	DATE CONTENT WAS COMPLETED
WEEK 1 8 – 10 April	ELECTRICITY & MAGNETISM 8 school days	Control Test – Discussion and Remedial Work of Control Test				
		Electric Circuits (cont.): Resistance	p. 4.13 – 4.18			
WEEK 2 13 – 17 April	PAPER 1: 35 marks	Resistors in series (same current; potential dividers; total resistance)	p. 4.14 – 4.15	p. Q16, Q17: Q20 – Q25	Simulation to build different circuits with series/parallel resistors here	
		Resistors in parallel (same potential difference; current dividers; total resistance); Solve problems (Ohm's law)	p. 4.15 – 4.16		- Formal Practical p. 4.14 - Here is an assessment on electric circuits	
WEEK 3 20 – 24 April	MATTER & MATERIALS 28 school days	Revision of matter and classification: The material(s) of which an object is composed; properties	p. 1.1 – 1.15	p. Q2, Q3: Q8		
		Mixtures: Homogeneous and Heterogeneous	p. 1.2 – 1.3	p. Q1, Q2: Q1 – Q4		
		Pure substances: Elements and Compounds: Evidence for purity	p. 1.3 – 1.4	p. Q1, Q2: Q1 – Q4	Watch this video on paper chromatography	
		The states of matter and the kinetic molecular theory: Particulate nature (diffusion, Brownian motion); Three states of matter; Freezing point, melting point, boiling point	p. 1.11 – 1.13	p. Q3: Q9, Q11	Watch this video on Brownian motion	
WEEK 4 28 – 30 April	MATTER & MATERIALS 28 school days	The states of matter (cont.): Identify the state of a substance given the MP, BP); State/phase changes	p. 1.13 – 1.14	p. Q3: Q9, Q10	- Formal Practical p. 1.14 - Watch videos on the heating curve of water video 1 and video 2	
		Kinetic molecular theory: Solids, liquids and gases	p. 1.14 – 1.15	p. Q3: Q9, Q11	Practical – heating curve of water here	
		The Atom: Basic building block of all matter Atomic mass and diameter (actual); Relative atomic mass	p. 1.18 – 1.19		Watch an interesting video on the development of the atom here	
WEEK 5 4 – 8 May	MATTER & MATERIALS 28 school days	Structure of the atom: Protons, neutrons, electrons; The atomic number (Z); The atomic mass (A)	p. 1.19 – 1.20	p. Q3: Q12	Simulation on Rutherford's experiment here	
		Isotopes: Calculate the average atomic mass; Representing atoms using A_ZE notation	p. 1.20 – 1.21	p. Q4: Q12.4.1, Q13	Simulation on isotopes here	
		Electron configuration: Orbitals; The Aufbau principle; Orbital box diagrams; Spectroscopic electron notation	p. 1.21 – 1.24	p. Q3, Q4: Q14 – Q16	Watch this video of s- and p-orbitals	
		Names and Formulae of substances: Elements; Compounds; Write name when formula is given and vice versa; Using prefixes in names	p. 1.4 – 1.8	p. Q2: Q5 – Q7		
		Metals, Non-metals and Metalloids	p.1.8 – p.1.9	p. Q2, Q3: Q8		
		Electrical conductors, Non-Conductors, Semi-conductors	p.1.10	p. Q2, Q3: Q8		
		Thermal Conductors and Non-Conductors	p.1.10	p. Q2, Q3: Q8		
Magnetic and Non-Magnetic Materials	p.1.11					



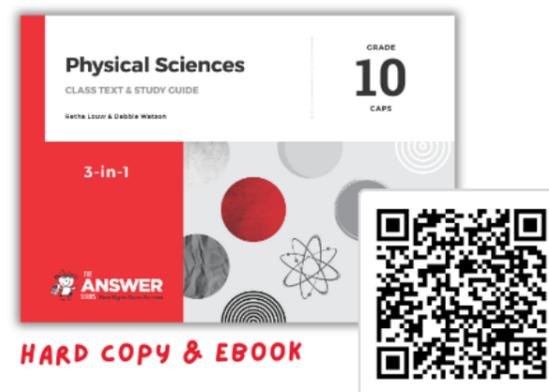
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WEEK 6 11 – 15 May	MATTER & MATERIALS (cont.) 28 school days PAPER 2: 70 marks	The Periodic Table: The relationship between the position of elements in the PT and their electron arrangement: Groups and periods; The electron structure and the PT	p. 1.25 – 1.27	p. Q5: Q21		
		Periodic repetition of properties of elements	p. 1.27 – 1.29	p. Q4, Q5: Q18.2 & Q18.3		
		Periodicity of ionisation energy, electron affinity and electronegativity	p. 1.29 – 1.32	p. Q4: Q17		
		Similarities in the chemical properties of elements in the same groups (1, 2, 17 and 18)	p. 1.32 – 1.34	p. Q4, Q5: Q18		
WEEK 7 18 – 22 May		Metallic bonding	Covalent bonding, Ionic bonding (<i>Definition; Lewis dot diagrams of elements, covalent molecules, ions and ionic compounds</i>); Revision of naming	p. 1.34 – 1.37	p. Q5: Q19 – Q22	Simulation on building an atom here
WEEK 8 25 – 29 May			Revision of relative molecular and formula mass	p. 1.37 – 1.38		Practical Demonstration: Watch this video on the reaction between Fe and S
			Physical and chemical change: Separation of particles during physical and chemical change (<i>properties; definition</i>); Synthesis reactions; Decomposition reactions	p. 1.39 – 1.41	p. Q12: Q15	
WEEK 9 1 – 5 June		CHEMICAL CHANGE 10 school days PAPER 2: 60 marks	Conservation of atoms and mass	p. 3.1 – 3.4	p. Q9: Q1 & Q2	
			Law of constant composition	p. 3.4 – 3.5	p. Q9: Q3.3.3 p. Q10: Q4.1.5 & Q5 p. Q11: Q9.1.2	- Watch this video on everyday examples of Physical and Chemical Changes - Watch videos on the conservation of mass here and here
			Representation of chemical change: Writing and balancing chemical equations; Interpreting balanced equations	p. 3.5 – 3.6	p. Q10: Q6 p. Q11: Q9.2	Watch this video on the Constant Composition of Compounds
WEEK 10 8 – 12 June		Quantitative Aspects of chemical change: Atomic mass and mole concept (<i>Avogadro's number</i>)	p. 3.6 – 3.8	p. Q11: Q7, Q8 & Q9.1	Simulation to balancing equations here	
		Molecular mass and formula mass: Molar mass; Relationship between m, M and n ($n = \frac{m}{M}$)	p. 3.16 – 3.17	p. Q12: Q15.1, Q15.4 & Q15.5		
		Amount of substance (n), molar volume (V _m) (of gasses at STP)	p. 3.17	p. Q12: Q15.2 & Q15.3		
WEEK 11 & 12 17 – 26 June	Time for consolidation and revision (8 school days)			Formal Assessments: June Exam (min 100 marks) & Experiment (min 50 marks)		

Gr 10 Fisiese Wetenskappe (KABV) 3-in-1



Gr 10 Physical Sciences (CAPS) 3-in-1



CONTENT THAT WILL BE TESTED

- Electric circuits
- Matter and classification
- States of matter and the kinetic molecular theory
- The atom
- The Periodic Table
- Chemical bonding
- Energy
- Physical and chemical change
- Representing chemical change
- Quantitative aspects of chemical change





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WEEK 1 21 – 24 Jul	CHEMICAL CHANGE 9 school days PAPER 2: 60 marks	Control Test: Discussion and corrections					
		Molar concentrations of solutions: $c = \frac{n}{V}$	p. 3.21 – 3.22	p. Q13: Q20 & Q21			
WEEK 2 27 – 31 Jul		Determining the composition of substances: Quantitative analysis by measuring mass; Percentage composition; The empirical formula of a given substance; Water of crystallisation	p. 3.18 – 3.20	p. Q12: Q16 – Q18	Formal practical investigation: p. 3.19. Water of crystallisation of CuSO_4		
		Basis Stoichiometric calculations: Calculations based on number of moles, volume, mass and molar mass; Percentage (%) yield	p. 3.22 – 3.23	p. Q12: Q15 p. Q13: Q19, Q22			
WEEK 3 3 – 7 Aug		Physical Quantities: Scalar quantity; Vector quantity; The difference between scalar and vector quantities	p. 5.1 – 5.2	p. Q17: Q1			
		Graphical representation of vector quantities: Vector diagrams	p. 5.2 – 5.3				
		Properties of vectors: Equal vectors; Negative vectors; Addition, Subtraction, Multiplication of vectors	p. 5.3 – 5.4	p. Q17: Q2		NOTE Not all shared resources are TAS creations – some are shared contributions from our Teacher WhatsApp group.	
		Resultant vector: Algebraic vector addition; Graphical tail-to-head vector addition	p. 5.4	p. Q17: Q2			
WEEK 4 11 – 14 Aug	MECHANICS 37 school days PAPER 1: 75 marks	Motion in one dimension: Position, reference point, frame of reference; Motion in one dimension; Position relative to a reference point	p. 5.5 – 5.7	p. Q18: Q3			
WEEK 5 17 – 21 Aug		Distance; Displacement;	p. 5.8 – 5.10	p. Q18: Q4			
WEEK 6 24 – 28 Aug		Average speed; Average velocity; Calculations; Conversion between different units of speed and velocity	p. 5.10 – 5.12	p. Q18: Q5 & Q6 p. Q19: Q10	Watch this useful video on the difference between speed and velocity		
		Acceleration $a = \frac{\Delta v}{\Delta t}$; Calculations	p. 5.12 – 5.13	p. Q19: Q11 – Q12			
WEEK 7 31 Aug – 4 Sept		Using a ticker timer; Calculations; Positive and negative acceleration	p. 5.13 – 5.16	p. Q20: Q13			
		Instantaneous speed and velocity: Constant or uniform velocity; Constant and uniform acceleration; Instantaneous velocity	p. 5.16 – 5.17	p. Q19: Q11 – Q12			
		Description of motion using words, diagrams, graphs: <i>position-time, velocity-time, acceleration-time graphs for uniform/constant velocity and accelerated motion</i>	p. 5.17 – 5.20	p. Q18 – Q20: Q7 – Q12	- Formal practical investigation: Measurement of velocity & position/time, velocity/time and acceleration/time graphs for a moving trolley - Watch this video on the practical investigation		

WEEK 8 7 – 11 Sept	MECHANICS (cont.) 37 school days	Gradient of 1) position-time graph: <i>Instantaneous velocity</i> 2) velocity-time graph: <i>acceleration</i> Area under 1) velocity-time graph: <i>displacement</i> 2) acceleration-time graph: <i>average velocity</i>	p. 5.19 – 5.20	p. Q18 – Q20: Q7 – Q12	Watch this useful video on the explanation of the different graphs: x-Δt, v-Δt, and a-Δt
WEEK 9 14 – 18 Sept	PAPER 1: 75 marks	Using equations of motion: $v_f = v_i + a\Delta t$; $v_f^2 = v_i^2 + 2a\Delta x$; $\Delta x = v_i\Delta t + \frac{1}{2}a\Delta t^2$; $\Delta x = \frac{v_i + v_f}{2}\Delta t$ Steps for problem solving	p. 5.22 – 5.23	p. Q20: Q14 – Q19	
		Road safety: Speed and stopping distance	p. 5.24	p. Q20 – Q21: Q20 – Q27	
WEEK 10 21 – 23 Sept	Time for consolidation and revision (5 school days)			Formal Assessments: Control Test (one paper; min 75 marks) & Experiment (min 50 marks)	



According to the official DBE ATP, the 2025 content of term 3 week 10 corresponds with that of term 4 week 1. It is therefore removed from term 3, so that the last week of term 3 is available for revision and the September control test.

CONTENT THAT WILL BE TESTED

- Quantitative aspects of chemical change
- Vectors and scalars
- Motion in one dimension
- Instantaneous speed and velocity



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WEEK 1 6 – 9 Oct		September control test: Discussion & Remedial work			
WEEK 2 12 – 16 Oct	MECHANICS 9 school days PAPER 1: 75 marks	Energy: Gravitational field p. 5.25 Gravitational Potential Energy ($E_p = mgh$ or $U/PE = mgh$) p. 5.25 – 5.26 Kinetic Energy ($E_k = \frac{1}{2}mv^2$ or $K/KE = \frac{1}{2}mv^2$) p. 5.26 Mechanical Energy: ($E_M = E_p + E_k$) (calculations) p. 5.27 – 5.28 Conservation of mechanical energy (Law of Conservation of Mechanical Energy) Applications (free-falling objects, pendulums, roller coasters and inclined planes)	p. Q21 – Q22: Q28 – Q31	- Watch this useful video on mechanical energy - Simulation to illustrate the conservation of mechanical energy here	
WEEK 3 – 5 19 Oct – 6 Nov	ALL TOPICS	Consolidation and Revision			
WEEK 6 – 10 9 Nov – 9 Dec		Time for consolidation and revision (23 school days)	Final Examination: Paper 1 (100 marks) & Paper 2 (100 marks)		

FINAL EXAMINATION

PHYSICS PAPER 1 (100 marks)	CHEMISTRY PAPER 2 (100 marks)
<ul style="list-style-type: none"> • Transverse pulses • Transverse waves • Longitudinal waves • Sound • Electromagnetic radiation • Electrostatics • Electric circuits • Vectors and scalars • Motion in one dimension • Instantaneous speed and velocity and the equations of motion • Energy 	<ul style="list-style-type: none"> • Matter and classification • States of matter and the kinetic molecular theory • The atom • The periodic table • Chemical bonding • Physical and chemical change • Representing chemical change • Quantitative aspects of chemical change



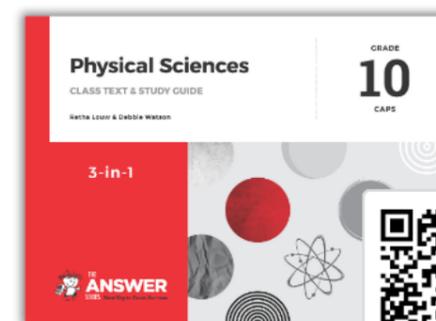
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